



Thoughtful

Featuring
Ashley Engle

Session 1: Think Kingdom Thoughts

Session 2: Think Joyful Thoughts

 ***Session 3: Think Hopeful Thoughts***

Session 4: Think Grateful Thoughts

To view the accompanying videos for this series,
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Group Discussion Guide

Are we capable of remaining hopeful during hard times? In this week's session, we will discover that hope could be just a thought away! The kingdom of God is now and not yet and that reality allows us to look forward to the future and be hopeful for what is to come. Let's explore the hope of Christ together.

1. Is there a sentimental person/place/thing that reminds you of someone you've lost?
2. What does the word hope mean to you?
3. Tell of a time in your life when you were the most hopeful.
4. What are circumstances we face that may cause us to feel hopeless?
5. What have you learned about Jesus that allows you to have the most hope in your future?
6. What character traits do you see in your child that makes you hopeful about their future?

Ashley shared how the kingdom of God is now and not yet. We're currently in the middle of the kingdom of God, but we're also hopeful that there is still more to come.

7. What challenges do you face as a single mom that could make being hopeful seem impossible?

Ashley shared how her mother taught her to always have something to look forward to. She spoke of how this has taught her that living in anticipation of something great helps her think hopeful thoughts.

8. What could you plan right now that will give you something to look forward to?

Read 1 Peter 1:13 ESV.

Therefore, preparing your minds for action, and being sober-minded, set your hope fully on the grace that will be brought to you at the revelation of Jesus Christ.

9. What one word sticks out to you in this verse and why?

10. What would it look like for you to prepare your mind for action?

11. What could you do as a single mom to teach your children about thinking hopeful thoughts?

12. What is one thing you are walking away with from this week?

13. How can we be praying for you this week?

To share your thoughts regarding this study, contact us at info@ariseministries.net.

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